



City of Windhoek (CoW) Health and Hygiene Promotion Month kicks off

18 October, Windhoek: The official commemoration of the City of Windhoek (CoW) Health and Hygiene Promotion Month kicked off on 18 October at Green Spot Sports Soccer Field under the same theme as Global Handwashing Day, “Clean hands a recipe for health!” CoW with the United Nations International Children’s Emergency Fund (UNICEF) and other stakeholders use the month of October to intensify awareness on how to maintain good health and hygiene.

Diseases, like Hepatitis E and Cholera, are a result of inadequate sanitation and are most prevalent in densely-populated and under-resourced settlements where toilets are limited. Handwashing with soap continues to be a challenge and open-air food vending promotes the transmission of disease.

Judy Matjila, UNICEF Chief of Communication, delivered remarks on behalf of Rachel Odede, UNICEF Representative. Hon. Cllr. Loide Kaiyamo, Deputy Chairperson of CoW Healthy Cities Steering Committee, delivered the keynote. UNICEF and CoW also demonstrated proper handwashing.